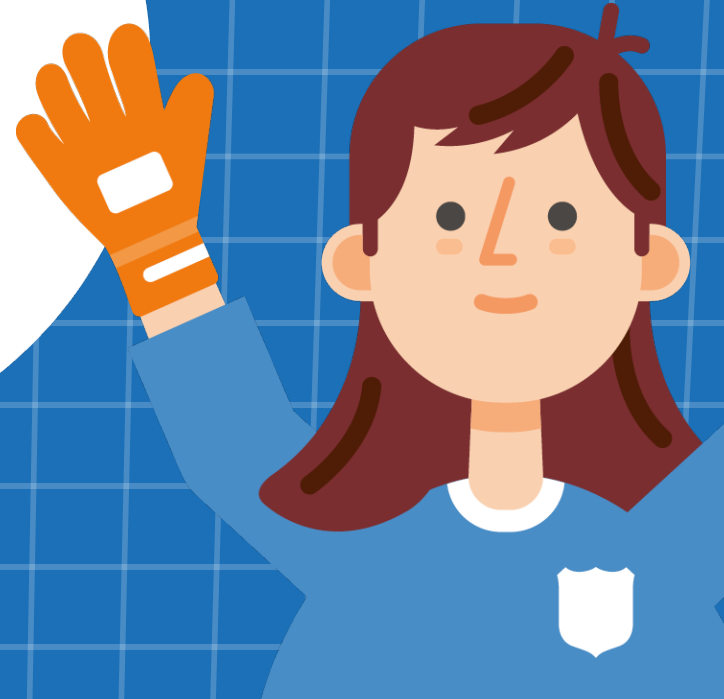




# Using Welsh in sport activities





Discussion  
work

How many of you  
enjoy **sport** or are  
members of  
**sports clubs**  
outside school?



**Discussion  
work**

How many of you  
have experience of  
**participating in  
sports/ attending  
sports clubs where  
Welsh is used?**



According to **research** from **Sport Wales**, **Welsh speakers** are more **likely** to take part in **sports** and **volunteer**.

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- Pupils who **speak Welsh** are **more likely** to **enjoy sports** than pupils who do not speak Welsh.

sportwales  
chwaraeoncymsu



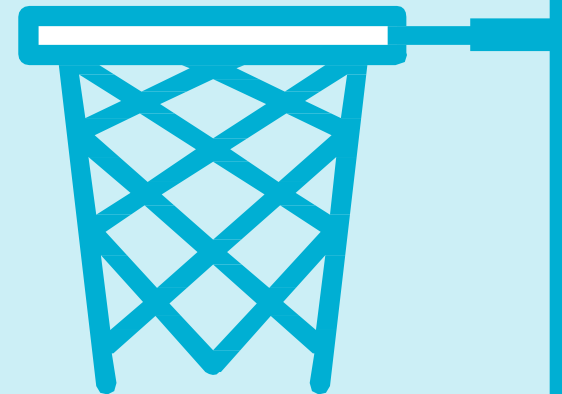


- Pupils who **speak Welsh** are **more likely** than pupils who do not speak Welsh to **participate in sport outside of the curriculum three or more times** per week.





- **46%** of pupils who **speak Welsh participate in sport** outside of the curriculum **three or more times per week**, compared to **35%** of pupils **who do not speak Welsh**.



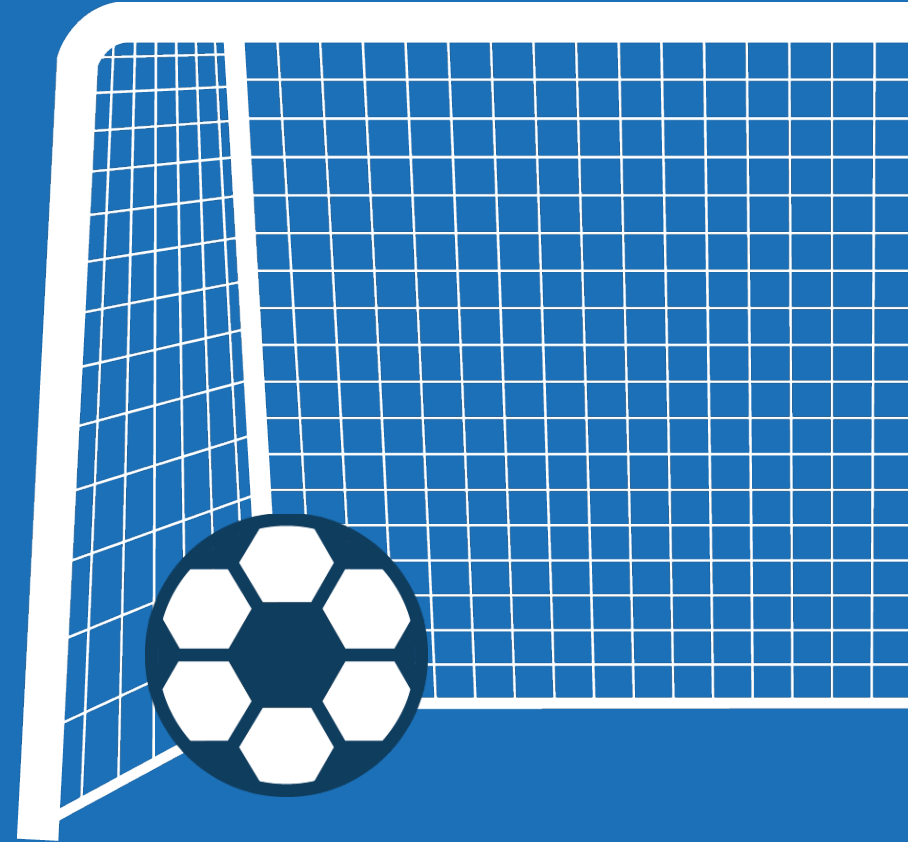


- Pupils who **speak Welsh** are **more likely** than pupils who do not speak Welsh to participate in sport in both an **extracurricular and community club** setting at least **once a week**.





- Pupils who **speak Welsh** are **more likely** than pupils who do not speak Welsh to feel **‘very confident’** in **trying new sports**.







- **31%** of pupils who **speak Welsh** feel **'very confident'** in **trying new sports**, compared to **25%** of pupils who **do not speak Welsh**.





- The **top three sports** that pupils who speak **Welsh** participate in **at least once a week** in a **community club** setting are **football**, **swimming**, and **rugby**.





- Pupils who **speak Welsh** are **more likely** to **volunteer** or **help with sport at school** or in **their community** than pupils who do not speak Welsh.



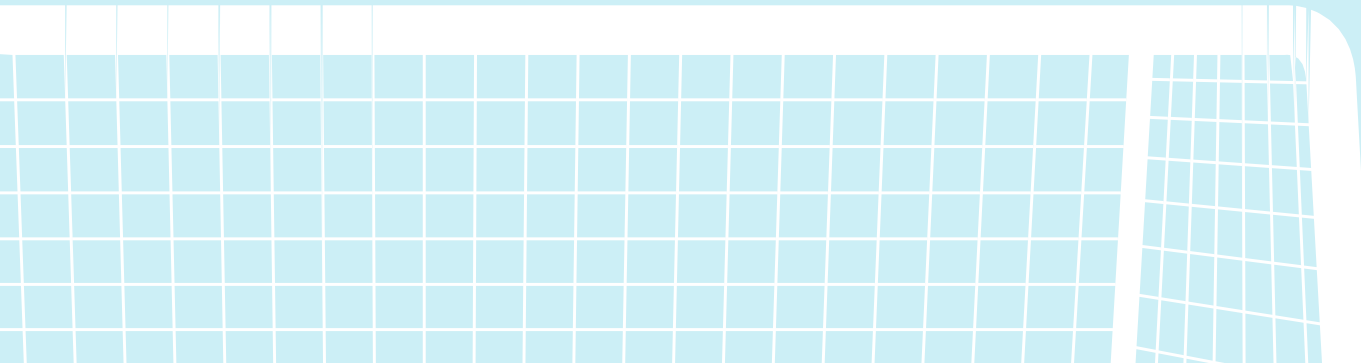
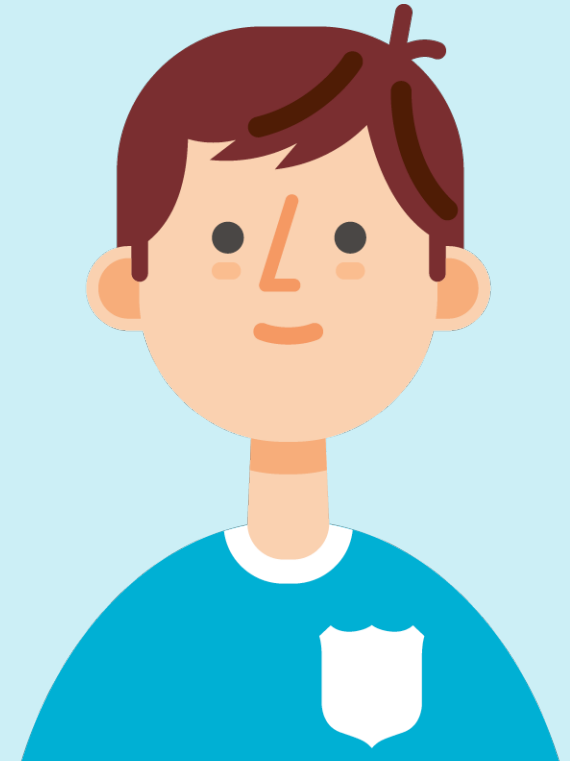


- **28% of pupils who speak Welsh, volunteer or help with sport at school or in their community, compared to 21% of pupils who do not speak Welsh.**



However...

**50%** of pupils who speak Welsh are still keen to **enjoy more sport opportunities through the medium of Welsh.**



The **Welsh Language Commissioner** tries to encourage **sports clubs** to use **Welsh** when coaching **children, young people** and **adults**.

These are **many reasons** why **sports clubs** should use **Welsh** when **coaching**.





**Discussion  
work**

Can you think of reasons why **sports clubs** should **use Welsh** when **coaching children, young people and adults**? What would be the **advantages** to the **clubs themselves** and the **users**?



**Sports clubs** can use **Welsh** when **coaching**, as well as using Welsh when **corresponding with members of the public** (e.g. through **letters, emails** and on **social media**).

Watch this bilingual  
video clip of the  
**Scarlets** rugby club's  
use of Welsh:

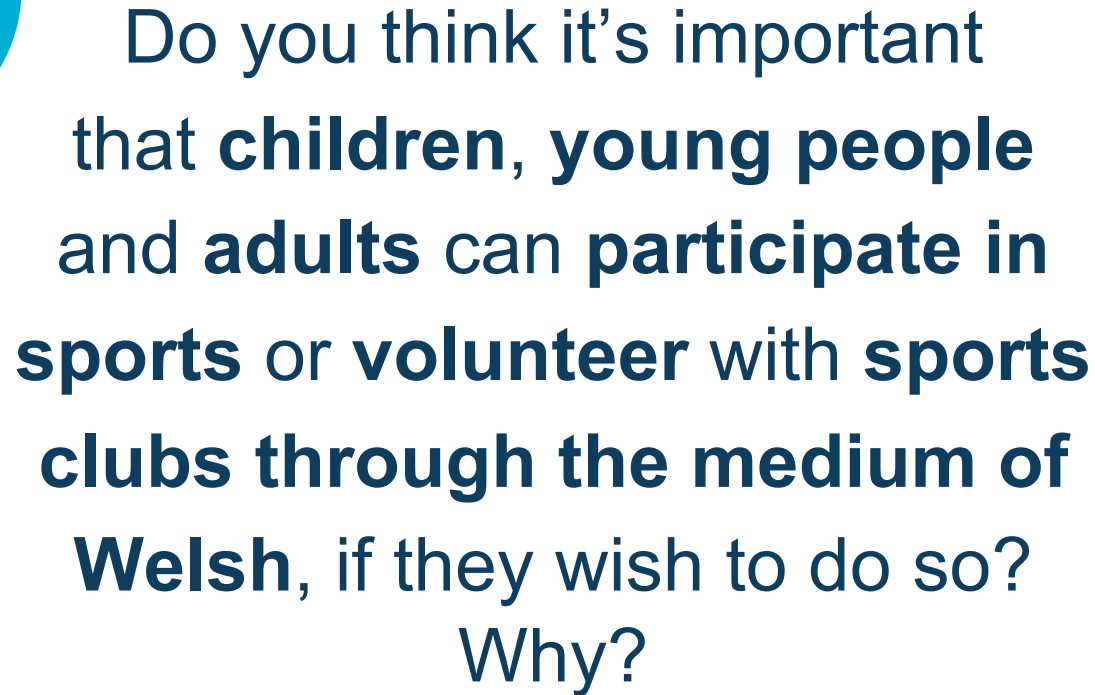
[Defnyddia dy Gymraeg/  
Use your Welsh -  
Scarlets](#)







**Discussion  
work**



Do you think it's important that **children, young people** and **adults** can **participate in sports** or **volunteer with sports clubs** through the medium of **Welsh**, if they wish to do so?  
Why?



